



**READ ME
FIRST**



**COLOURED
CONTACTS**



ESSENTIAL SAFETY INFORMATION

PLEASE READ BEFORE OPENING CONTACT LENSES

WWW.COLOUREDCONTACTS.COM

USING YOUR CONTACT LENSES

STEP 1: BEFORE YOU START

CUSTOMER DISCLAIMER ESSENTIALS

At checkout, you confirmed the contact lenses are for your own use, you are at least 18 years old and you do not suffer from any eye conditions that may be worsened by the wear of contact lenses. You have consulted an optician/eye doctor on the fitting, wearing and removal of these contact lenses. This guidance applies to all contact lenses including non-prescription contact lenses.

To view the full agreement please visit: www.colouredcontacts.com/disclaimer

WHEN YOU RECEIVE YOUR CONTACT LENSES

Before opening the packaging, you must carry out the following steps from our Customer Checklist.

CUSTOMER CHECKLIST

1. **CHECK The Box** – the measurements of the lenses (base curve, diameter and strength) are printed on the box. Lenses for astigmatism will include power, cylinder and axis. For your comfort and safety, your own contact lens prescription must match the measurements of the lenses. If they do not match, do not open the packaging and contact us for assistance.
2. **CHECK The Lenses** – inside the box will be lens vials or blister packs. The measurements printed on the box are also printed on the lens packaging, for your reference. The lenses should be floating in storage fluid with no visible defects such as rips, tears or perforations. If any storage fluid has leaked from the vials or blister packs, do not open the lenses and contact us for assistance.
3. **CHECK The Design** – make sure you have received the correct lens design and you are happy with the color and style before opening the product. Please take into consideration how your natural eye color may affect the look of the lenses. If you do not feel that the lenses will give you the effect you were hoping for, do not open the lenses and contact us for assistance.

If you experience any of the issues listed above, please contact us for assistance. To help us resolve packaging problems more efficiently, please take a photo and attach it to your message.

Visit: www.colouredcontacts.com/contact

If you are happy with the Customer Checklist and have opened the packaging, please also consult manufacturer instructions which are printed on the inside of the box.

REMEMBER: Contact Lens Users should be at least 18 years old.

STEP 2: PREPARING CONTACT LENSES

Before handling contact lenses, you must wash your hands. We recommend antibacterial soap.

Gently open the contact lens vial or blister pack and transfer the contact lenses into a case. The case should be filled with new contact lens solution. You must soak contact lenses in new solution for at least two hours before use. You should not wear contact lenses straight from the packaging as the storage fluid is a more concentrated formula that may cause irritation.

As all our contact lenses are soft contact lenses, it's essential that you handle with care as the lenses are very thin and may rip if not handled correctly. Ensure the lenses do not come into contact with anything that may contaminate the lens such as cosmetics, hairspray, dust or hair.

For more help, check out our online guide: www.colouredcontacts.com/preparing

STEP 3: INSERTING CONTACT LENSES



Practice makes perfect, inserting contact lenses for the first time can be difficult. Check the contact lens is not inside out by checking the outside of the lens is not v-shaped and is a smooth u-shape. Everyone does it differently but we recommend gently pulling down your eyelid and placing the lens onto the eye.

For more help and videos on insertion, check out our dedicated video tutorial: www.colouredcontacts.com/inserting

STEP 4: WHEN WEARING CONTACT LENSES

- Do not wear colored contact lenses for longer than the recommended 8-hour period.
- Do not attempt to 'stack' lenses or wear more than one in each eye at a time.
- Under no circumstances should you sleep while wearing colored contact lenses.
- Avoid swimming, showering, bathing, contact sports and heavy exercise during wear.
- Do not share contact lenses with someone else.

Please turn over to continue reading...

USING YOUR CONTACT LENSES

STEP 5: REMOVING CONTACT LENSES



STEP 6: STORING CONTACT LENSES

- Reusable lenses should be stored in solution and in a sealed lens case between uses.
- Never wear contact lenses past their intended duration (Daily/1 Day, 30 Days, 90 Days)
- Only use eye care solution to clean lenses; never use water, saliva or household products.
- Ensure you regularly refresh your solution and clean your lens case during long term storage.
- Always inspect the contact lenses before trying to wear them again.

TROUBLESHOOTING

CONTACT LENS INSERTION

If the recommendations in step 3 aren't working for you, then do not panic - Inserting soft contact lenses, especially if you have never used them before, takes practice. If you're worried about getting them inserted for a special event, we recommend trying out your lenses before the occasion to get some more practice on moving the lens to and from your eye.

If you can't get the lens to 'stick' to the eye then it could be that the lens, or your eye, is not as hydrated as it could be. If this is the case, we recommend adding a drop of extra contact lens solution to the lenses.


See our tutorial videos and extra tips in our guide: www.colouredcontacts.com/inserting

CONTACT LENS IRRITATION

Contact lens irritation and discomfort can occasionally occur when wearing contact lenses. If you experience any undue irritation, pain or redness you should remove the contact lenses immediately.

Once you have removed the contact lenses, you can do the following to try and diagnose the issue:

- Re-soak the contact lenses to further soften them and ensure they are bacteria free.
- Check that the contact lens is not inside out.
- Check the lens for any rips or tears that may be the cause of discomfort.

 **REMEMBER:** Contact Lens Users should be at least 18 years old.

Sometimes discomfort can be caused by contact lenses that are not fitted properly. Make sure the contact lens measurements exactly match the measurements from your contact lens prescription (even if you are wearing non-prescription contact lenses).

If the pain persists after the contact lenses have been removed, you should consider visiting an optician for advice.

See our online guide for more: www.colouredcontacts.com/troubleshooting

CONTACT LENS BLURRINESS

If you experience any blurriness while wearing the lenses then remove the lenses. If you have already checked that the lenses exactly match your eye measurements and have been soaked for at least two hours before use, contact our team for assistance. If the problem persists, do not attempt to re-insert the lenses and consider seeking advice from your optician. If you think the measurement of the lens is affecting your ability to see, we recommend another contact lens fitting to check your measurements are up to date:

www.colouredcontacts.com/troubleshooting

CONTACT LENS STYLES FAQs

- Natural Lenses: as these lenses include some transparent sections, the final look of these lenses can vary depending on the natural eye color of the user.
- Blind Lenses: as detailed on the website, these lenses can greatly obscure your vision. The pupil hole is covered with an opaque design that can make it hard to see.
- UV Lenses: the lenses are not glow in the dark as they will not spontaneously glow without a UV Blacklight to activate the UV pigmentation in the lens.
- Enhance Tint Lenses: these lenses have no pupil hole to allow for full color coverage. The lens finish will vary greatly depending on the natural eye color of the user.

SOLUTION

Our contact lens solution comes highly recommended with any colored contact lens purchase. All lenses, including daily single-use contacts, must be soaked in fresh contact lens solution for at least 2 hours prior to use. The solution helps to soften the lens and protects it from bacteria, germs, lipids and protein build up. It can aid eye hydration and keep lenses feeling fresh during wear.

Solution cannot be replaced with any other household product, tap water or saliva. The storage fluid that the contact lenses arrive in is a more concentrated formula and should be replaced with contact lens solution once the pack is opened in order to prepare the lenses for use.

Shop here: www.colouredcontacts.com/solution

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